

Ways of Walking

Religion is walking with God.

(See *Coronis* 40)

Have an open area with room for the group to walk in a large circle.

One person serves as the director who tells the group to walk as if:

You are walking with your best friend.

You are very sad and lonely.

You are skipping with joy!

You are very angry.

You are walking with your eyes open to the beauty of nature.

You are full of pride.

You are walking with the Lord, and He is holding your hand.

Discuss how each kind of walking feels.

What must we do to be walking with the Lord? (be living our religion)

How do we go about living our religion?

Consider the meaning of these words:

The steps of a good man are ordered by the Lord...

For the Lord upholds him with His hand...

The law of his God is in his heart;

None of his steps shall slide...

Wait on the Lord,

And keep His way...

(Psalm 37:23-25)