

## **SPIRITUAL TASK – THE FIRST COMMANDMENT** (Exodus 20)

*by the Rev. David Roth at the New Church of Boulder Valley*

**Story** Jehovah gave the Ten Commandments from Mount Sinai in a dramatic fashion so that the people would know that these are not only civil and moral laws, but Divine laws. The first command is to have no other Gods before the face of Jehovah—to not bow down to them nor to serve them in any way.

**Meaning** Don't make anyone or anything more important than God. Whatever we love the most is our God.

**Task** This week pay attention to your thoughts. See if you can detect to what thing your mind gravitates toward the most on a daily basis. See if a pattern develops—if so you may have just found your God. If so, who or what is it? If it is a false God pray for the strength to give it up and the wisdom and resolve to seek the true God. *“Seek ye first the kingdom of God and His righteousness and all these things will be added unto you.”*